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portfolio

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eBay

[Parenting with Passion](#)
[10 Things to Do In Miami with Kids](#)
[Stressing and Spending: Yogic Tips for Money Management](#)
[5 Apps to Keep Parents on Track](#)
[4 Tricks to Get Your Kids to Love Reading](#)
[Meditation Tricks for Busy Bodies](#)
[Meditation and Mindfulness Tech](#)

Shutterfly

[Mini Monets](#)
[5 Ways to Keep Winter Decor Bright](#)
[Practical Homemade Holiday Gifts from Kids](#)

The Home Depot

[Putting Together a Patio with a Purpose](#)
[From Delightful to Frightful](#)

Tiny Prints

[A Sprinkle of Fun](#)
[Throw an Awesome End-of-the-Year Party](#)
[A Storybook Baby Shower](#)

Published

[Ghostwriting of Foreword for eMolecule](#)

Prominence Hills/Malibu

Treatment Centers

Ghostwriting:
[Addiction Recovery Methods Found Useful in Treating Some Veterans with PTSD](#)
[How to Rebuild and Repair Your Relationship After Rehab](#)
[Nursing: A High Risk Profession](#)
[Substance Abuse in the Workplace: A Person-Centered Approach](#)
[Hospital Impact: Replacing Medicaid funding with block grants will burden states, reduce access to treatment](#)

Byline:

[Using Mindfulness as a Tool for Relapse Prevention](#)
[Replacing Our Addictions with Mindfulness](#)
[Detox and Renew Your Life Through Sweat](#)
[Redefining Spirituality on the Road to Recovery](#)
[3 Things You're Never Too Old to Do](#)

Series of work

[TeachThought](#)
[Naples News](#)